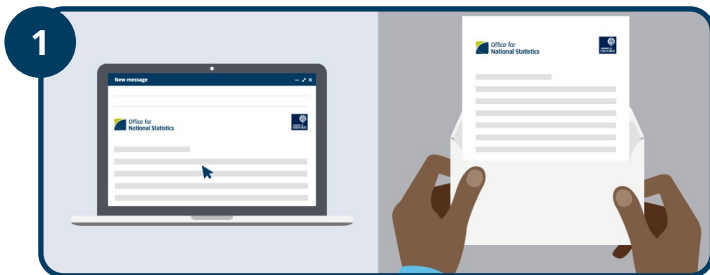


## All Participants - Courier

**This document shows what will happen and the steps you should take each time you take your samples and complete your questionnaire, and then send your samples back to us via courier.**



### 1 Get notice 7 days before next testing window

You get an email or letter about your next testing window, depending on how you chose to be contacted.



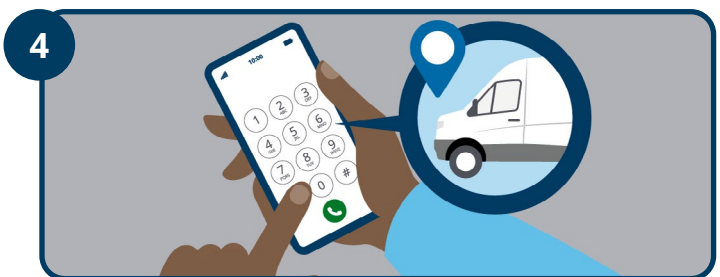
### 2 Let us know if you are unable to take your samples and complete the questionnaire during your next testing window

You can let us know by phone within 4 days of getting the email or letter, if you cannot or do not wish to take part this time.



### 3 Get test kits by post

You get your swab and blood kits through your letterbox before the testing window begins.



### 4 Book a courier to pick up your swab and blood samples before you take your samples

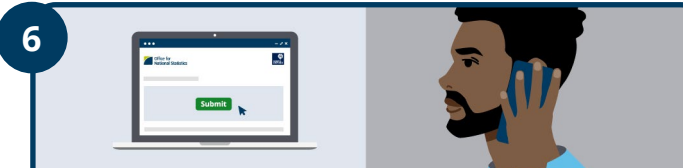
You arrange a time slot for a courier to pick up your samples, by phone, to arrive on a day within your testing window. Couriers will be available Monday to Friday, and you may need to stay at home all day for the courier to collect your samples. **You must wait to take your samples and complete your questionnaire until the day your courier will arrive.**

**5** 

**On the day your courier is booked within your testing window**

**Take your swab and blood samples and pack them in the box and bag given**

You must do this on the day you have arranged for the courier to collect your samples, before the courier is due to arrive.

**6** 

**On the day your courier is booked within your testing window**

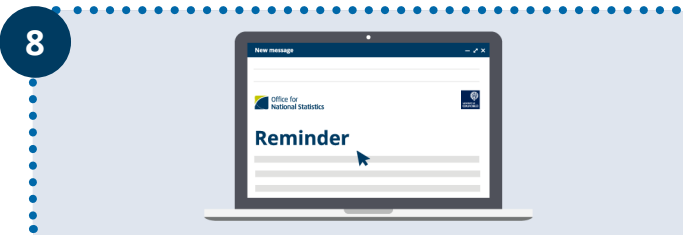
**Complete the questionnaire online or over the phone and tell us when you took your swab and blood samples**

You follow a weblink or call us to do the questionnaire. You give your unique participant ID to complete the questionnaire, telling us when you took your samples.

**7** 


**Return packed swab and blood samples by courier**

You give the courier your packed samples on the same day you took the samples and completed the questionnaire.

**8** 

**If you chose to be contacted by email: Get a reminder on day 10 of your monthly testing window**

You are reminded by email if you have not completed the questionnaire or booked a courier within the first 10 days of your monthly testing window, as you risk not receiving the compensation voucher if you do not do this soon and would like to get one.

**9** 

**Get swab and blood sample test results by email or letter**

You get your test results by email or post, 5-14 days after sending us your samples.

**10** 

**Get compensation voucher by email or post if you would like to, and you have taken your samples and completed your questionnaire in the testing window**

You get your compensation voucher by email or post.



If you would like to return your samples by priority postbox that is also okay. Please call **0800 085 6807** if you need more information about how to do this.

If you want to change how you want to be contacted, or have any questions about the survey, please call **0800 085 6807**.

To read this online, please go to **[www.ndm.ox.ac.uk/covid-19/covid-19-infection-survey/step-by-step-guides](http://www.ndm.ox.ac.uk/covid-19/covid-19-infection-survey/step-by-step-guides)**